

## Causes and Cure of Rheumatism.

Common rheumatism is a disease which affects the joints, the hinges of the body in such a way that the slightest motion of the ailing part gives pain. A creaking hinge is dry and turns hard. A single drop of oil to moisten it makes a wonderful change, and it instantly moves on itself with the greatest facility. All kinds of rheumatism are the result of an inflammation of the surface of joints. Inflammation is heat, this heat dries their surfaces; hence, the very slightest effort at motion gives a piercing pain. In a healthy condition of the parts, nature is constantly throwing out a lubricating oil, which keeps the joints in a perfectly smooth and easy working condition. Rheumatism is almost always caused—indeed, it may be nearer the truth to say that it is always the result of a cold dampness. A dry cold or a warm dampness does not induce rheumatism. A garment wetted by perspiration or rain or water in any other form about a joint, and allowed to dry when the person is in a state of rest is the most common way of causing rheumatism. A partial wetting of a garment is more apt to produce an attack than if the entire clothing were wetted; because in the latter case it would certainly and speedily be exchanged for dry garments. There are two very certain methods of preventing rheumatism. The very moment a garment is wetted in whole or part, change it or keep in motion sufficient to maintain a very slight perspiration until the clothing is perfectly dried.

The failure to wear woolen flannel next to the skin is the most frequent cause of rheumatism; for a common muslin or linen or silk shirt of a person in a perspiration becomes damp and cold the moment a puff of air strikes it even in mid summer. This is not the case when woolen flannel is worn next to the skin.

The easiest, most certain and least hurtful way of curing this troublesome affection is, first, to keep the joint affected wound around with several folds of woolen flannel; second, live entirely on the lightest kind of food, such as coarse breads, ripe fruits, berries, boiled turnips, stewed apples and the like. If such things were eaten to the extent of keeping the system freely open, and exercises were taken, so that a slight moisture would be on the skin all the time, or if in bed the same things be accomplished by hot teas and plentiful bed clothing, a grateful relief and an ultimate cure will certainly result in a short time. Without this soft and moist and warm condition of the skin and an open state of the system, the disease will continue to torment and torture for weeks and months and years.

Inflammatory rheumatism may, for all practical purposes, be regarded as an aggravated form of the common kind, extended to all the joints in the body, instead of implicating only one or two. For all kinds, time, flannel, warmth, with a light and cooling diet, are the great remedies.—*Hall's Journal of Health.*

## Old Hickory's Wife.

When General Jackson was a candidate for the presidency, in 1828, not only did the party opposed to him abuse him for his public acts, which, if unconstitutional or violent, were a legitimate subject for the reprobation, but they defamed the character of his wife. On one occasion a newspaper published in Nashville was placed upon the generals table. He glanced over it, and his eyes fell upon an article in which the character of Mrs. Jackson was violently assailed. So soon as he had read it he sent for his trusty old servant, Dunwoodie.

"Saddle my horse," said he to him, in a whisper, "and put my holsters on him."

Mrs. Jackson watched him, and though she heard not a word she saw mischief in his eyes. The general went out after a few moments, when she took up the paper and understood everything. She ran out to the south gate of the Hermitage, by which the general would have to pass. She had not been there more than a few seconds before the general rode up with the countenance of a mad man. She placed herself before the horse, and cried out:

"Oh, general, don't go to Nashville! Let the poor editor live."

"Let me alone," he replied; "how came you to know what I was going for?"

She answered: "I saw it in the paper after you went out; put up your horse and go back."

He replied furiously: "But I will go—get out of my way."

Instead of this she grasped his bridle with both hands.

He cried to her: "I say let go my horse! The villain that reviles my wife shall not live!"

She grasped the reins the tighter and began to expostulate with him,

saying that she was the one who ought to be angry, but that she forgave the persecutors from the bottom of her heart, and prayed for them—that he should forgive if he hoped to be forgiven. At last, by reasoning, her entreaties, and her tears, she so worked upon her husband that he seemed mollified to a certain extent. She wound up saying:

"No, General, you shall not take the life of my reviler—you dare not do it, for it is written 'Vengeance is mine, I will repay, saith the Lord!'"

The iron-nerved hero gave way before the pleading of his beloved wife, and replied:

"I yield to you; but had it not been for you and the words of the Almighty, the wretch should not have lived an hour."

## The Difference.

A young man, says an exchange, came to Texas from one of the northern states three years since, bought about 1,500 head of sheep, secured range for them, left them in charge of a herder and proceeded to enjoy himself in a neighboring city. Between wolves, disease, stealage, straying, etc., it only required a little over a year to touch bottom. His sheep were gone, he was in debt and he is firmly of the opinion that Texas is no sheep country. Another young man, also a new comer to Texas, and who, previous to going into business, did not know a Cotswold from a South-down, started with 700 sheep, and no land of his own. He literally "staid" with "those few sheep in the wilderness" till to-day—four years from the time he started, he hardly knows what to do with his money; indeed, he hardly think the fellow realizes how much he is worth. The secret of success was horse sense, and a disposition that hardly let those sheep out of his sight. These may be extreme cases, but they answer the purpose for an illustration of the truth of what we started out to say, that while there is big money in sheep in Texas, it takes sense, time attention, and last but not least, work to bring it out. Then if you have even a little money to invest, are willing to work for success, giving to your flock your personal attention, you can hardly fail coming out right in the end. If, on the other hand, you expect that sheep will make you rich without any effort on your part, you had better invest your money in some kind of security that will bring you returns without work. Sheep won't do it.

## U. S. Courts in Texas.

WASHINGTON, Jan. 6.—Following is the full text of the bill introduced by Senator Coke and passed by the senate to-day fixing the terms of the U. S. circuit and district courts in the Eastern and Northern districts of Texas:

Be it enacted, &c.: What the terms of the United States circuit and district courts in the Eastern and Northern districts Texas shall be held in each year at the time and places as follows: At Galveston, in the Eastern district, on the first Mondays of March and November; at Tyler, in the Eastern district, on the second Mondays of January and May; at Jefferson, in the Eastern district, on the second Mondays of February and September; at Dallas, in the Northern districts, on the second, Monday in January and the third Monday in May; at Graham, in the northern district, on the second Monday in March and the third Monday in October; at Waco, in the Northern district, on the second Monday of April and the third Monday in November.

## Lively Dogs.

From the New Orleans Times-Democrat.

At the Brush Electric Light Station, at the corner of Notre Dame and Front streets, there is a dog trap which is somewhat remarkable, and the effect produced on prowling canines very peculiar. A space in the floor is dampened and one wire from an electric light connected with the wet spot, in the center of which is a piece of meat with the other wire attached to it. A dog entering the establishment is naturally attracted by the meat and approaches it, having to stand on the moist space. The moment he touches the meat, circuit is made and the intruder is thrown some distance by the shock. The other night an Irish bulldog made four attacks on the meat, but had, after a severe shaking, to relinquish his grip on the toothsome bait. The stroke passing over the small wires used is not sufficient to kill, yet it is severe enough to impress the dog with its force, and they rarely return.

A MICHIGAN boy who didn't get anything in his Christmas stocking set the house on fire to let Santa Claus know that his meanness was duly resented.

## The Value of the Jetties.

New Orleans Picayune.

New Orleans is not alone in her conviction of the value of the jetties, and in their proved service in the cause of navigation and commerce. St. Louis, at a point far enough above the bed of the delta to be intersected by the latitudinal railways running from ocean to ocean in a constantly increasing network, making the map of the country a very labyrinth, although giving to energetic railroad enterprise, now projecting a new line westward and building another eastward, would not be deprived of the river for millions. "It is a fact," the *Missouri Republican* says, "that before the jetties were built the mouth of the Mississippi was in such a condition that vessels going out or coming in experienced great difficulty, were often delayed for days and even weeks, sometimes in imminent danger and always at heavy expense. It is a fact that since the jetties were fairly in operation no such difficulty has occurred, except in very rare instances; that the delay, danger and expense have been reduced to a minimum; and that for all practical purposes of navigation, the mighty river now 'flows unvexed to the sea.' Nobody denies or can deny, that this change for the better was due to the jetties and to them alone."

The *Republican* inquires whether the value of the jetties, not to New Orleans and Louisiana alone but to the whole country, is not simply incalculable. It wishes to know whether for \$100,000,000 or \$500,000,000 the federal government would agree to demolish the jetties and forbid the erection of new ones. It asks whether the people along the banks of the Mississippi and its tributaries would consent to such demolition and prohibition for any pecuniary consideration whatever. And it effectually answers its own questions by asking them—for, as it well says, there is but one answer.

It is a queer reflection on humanity, but we suppose that the fight against accomplished facts is destined to go on forever. So long as there are men there will doubtless be plenty who will kick against the goods, plenty to whom facts signify nothing but a gage of battle. Perhaps there is a providential design in the irritation, which is always sufficient to keep the facts from going to rust. In the case of the jetties, the opposition and detraction will doubtless keep the channel open to the eyes of the world, and aid in its being fully utilized by the vast commerce on which St. Louis will fatten as well as New Orleans.

## SEEK

health and avoid sickness. Instead of feeling tired and worn out, instead of aches and pains, wouldn't you rather feel fresh and strong?

You can continue feeling miserable and good for nothing, and no one but yourself can find fault, but if you are tired of that kind of life, you can change it if you choose.

How? By getting one bottle of BROWN'S IRON BITTERS, and taking it regularly according to directions.

Mansfield, Ohio, Nov. 26, 1881.

Gentlemen:—I have suffered with pain in my side and back, and great soreness on my breast, with shooting pains all through my body, attended with great weakness, depression of spirits, and loss of appetite. I have taken several different medicines, and was treated by prominent physicians for my liver, kidneys, and spleen, but I got no relief. I thought I would try Brown's Iron Bitters; I have now taken one bottle and a half and am about well—pain in side and back all gone—soreness all out of my breast, and I have a good appetite, and am gaining in strength and flesh. It can justly be called the king of medicines.

JOHN K. ALLENDER.

BROWN'S IRON BITTERS is composed of Iron in soluble form; Cinchona the great tonic, together with other standard remedies, making a remarkable non-alcoholic tonic, which will cure Dyspepsia, Indigestion, Malaria, Weakness, and relieve all Lung and Kidney diseases.

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**CURE SICK HEAD**  
Sick Headache and relieve all the troubles incident to a bilious state of the system, such as Dizziness, Nausea, Drowsiness, Distress after eating, Pain in the Side, &c. While their most remarkable success has been shown in curing

Headache, yet Carter's Little Liver Pills are equally valuable in Constipation, curing and preventing this annoying complaint, while they also correct all disorders of the stomach, stimulate the liver and regulate the bowels. Even if they only cured

**ACHE**  
Ache they would be almost priceless to those who suffer from this distressing complaint; but fortunately their goodness does not end here, and those who once try them will find these little pills valuable in many ways that they will not be willing to do without them. But after all sick head

Is the bone of so many lives that here is where we make our great boast. Our pills cure it while others do not.  
Carter's Little Liver Pills are very small and very easy to take. One or two pills make a dose. They are strictly vegetable and do not gripe or purge, but by their gentle action please all who use them. In vials at 25 cents; five for \$1. Sold by druggists everywhere, or sent by mail.  
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